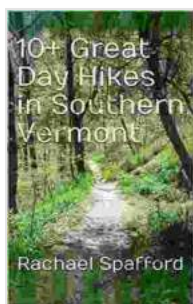


10 Great Day Hikes In Southern Vermont

Nestled amidst the rolling Green Mountains and pristine lakes of New England, Southern Vermont beckons hikers with its enchanting wilderness and captivating trails. Whether you seek a leisurely stroll through verdant forests or an exhilarating ascent to panoramic vistas, this region offers an abundance of day hikes tailored to every preference and ability level. Embark on an unforgettable adventure as we unveil 10 great day hikes that will leave an indelible mark on your soul.



10+ Great Day Hikes in Southern Vermont by Rachael Spafford

★★★★★ 5 out of 5

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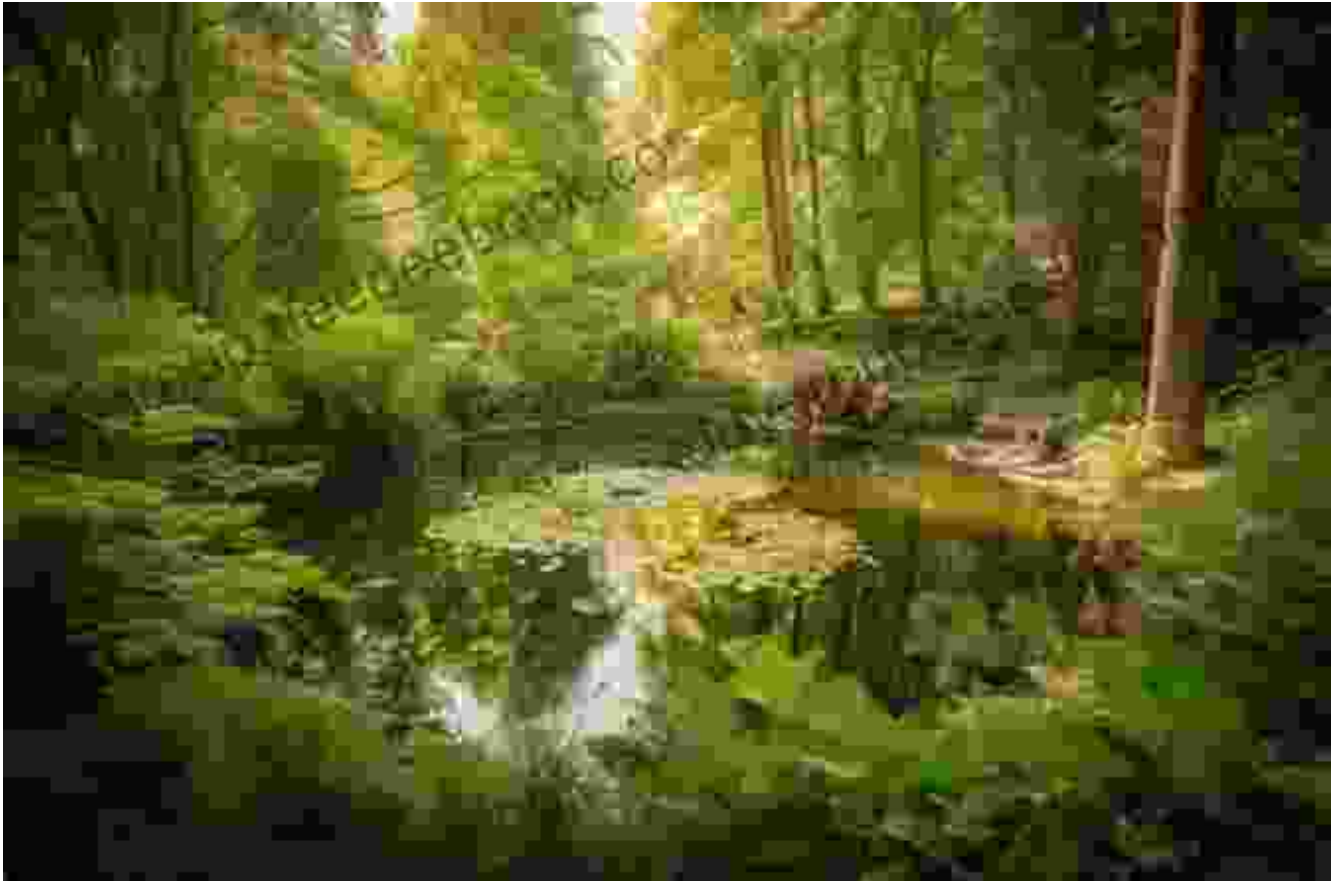
1. Mount Pisgah: A Scenic Panorama Atop the Green Mountains



Mount Pisgah, rising majestically in the heart of the Green Mountain National Forest, offers an unparalleled panorama of Southern Vermont's rugged terrain. The 4.2-mile out-and-back trail ascends steadily through a mixed forest, rewarding hikers with breathtaking views at every turn. As you reach the summit, the vast expanse of verdant mountains, sparkling lakes,

and distant peaks will unfold before your eyes, creating a memory to cherish forever.

2. Stratton Pond Loop Trail: A Serene Escape to a Pristine Lake



Nestled within the Stratton Mountain Resort, the Stratton Pond Loop Trail promises a serene escape into nature's embrace. The 4.5-mile loop trail meanders along the tranquil shores of Stratton Pond, offering picturesque views of the shimmering water and towering mountains. Pass by charming bridges, listen to the melodious songbirds, and soak in the tranquility that surrounds you. The trail's moderate difficulty level makes it accessible to hikers of all abilities, perfect for a relaxing day amidst pristine wilderness.

3. Emerald Lake Trail: A Waterfall Wonder in the Heart of the Forest



The Emerald Lake Trail, located in the pristine Silvio O. Conte National Forest, leads to a hidden gem of natural beauty. The 3.6-mile out-and-back trail winds through a lush forest, offering glimpses of babbling brooks and towering trees. As you approach Emerald Lake, the sound of cascading water fills the air. The vibrant green waters of the lake, fed by a picturesque waterfall, create a mesmerizing spectacle that will captivate your senses.

4. Equinox Pond Trail: A Moderate Climb to a Picturesque Mountaintop Lake



Equinox Pond Trail, nestled within the Green Mountain National Forest, offers a moderate climb to a breathtaking mountaintop lake. The 5.2-mile loop trail ascends gradually through a forest, revealing panoramic views at every turn. As you reach the summit, the pristine waters of Equinox Pond and the surrounding Green Mountains will greet you with their unspoiled beauty. Enjoy a leisurely picnic by the pond, soaking in the tranquility of nature.

5. Glastenbury Mountain Trail: A Challenging Ascent to Panoramic Vistas



For those seeking a more challenging adventure, the Glastenbury Mountain Trail beckons with its strenuous ascent to panoramic vistas. The 4.8-mile out-and-back trail traverses rugged terrain, testing your endurance and rewarding you with breathtaking views. As you reach the summit, the vast expanse of Southern Vermont, from the Taconic Mountains to the distant peaks of New Hampshire, will unfold before your eyes, making the arduous climb well worth the effort.

6. Old Furnace Trail: A Historical Path to a Secluded Waterfall



Journey into the past along the Old Furnace Trail, a 3.4-mile loop trail that follows an abandoned railroad bed. This enchanting trail leads to a secluded waterfall, hidden amidst lush greenery and towering trees. Along the way, discover the remnants of an old iron furnace, providing a glimpse into the region's industrial heritage. The moderate difficulty level of the trail makes it suitable for hikers of varying experience levels, offering a unique blend of history and natural beauty.

7. Peru Peak Trail: A Family-Friendly Hike to a Mountaintop Vista



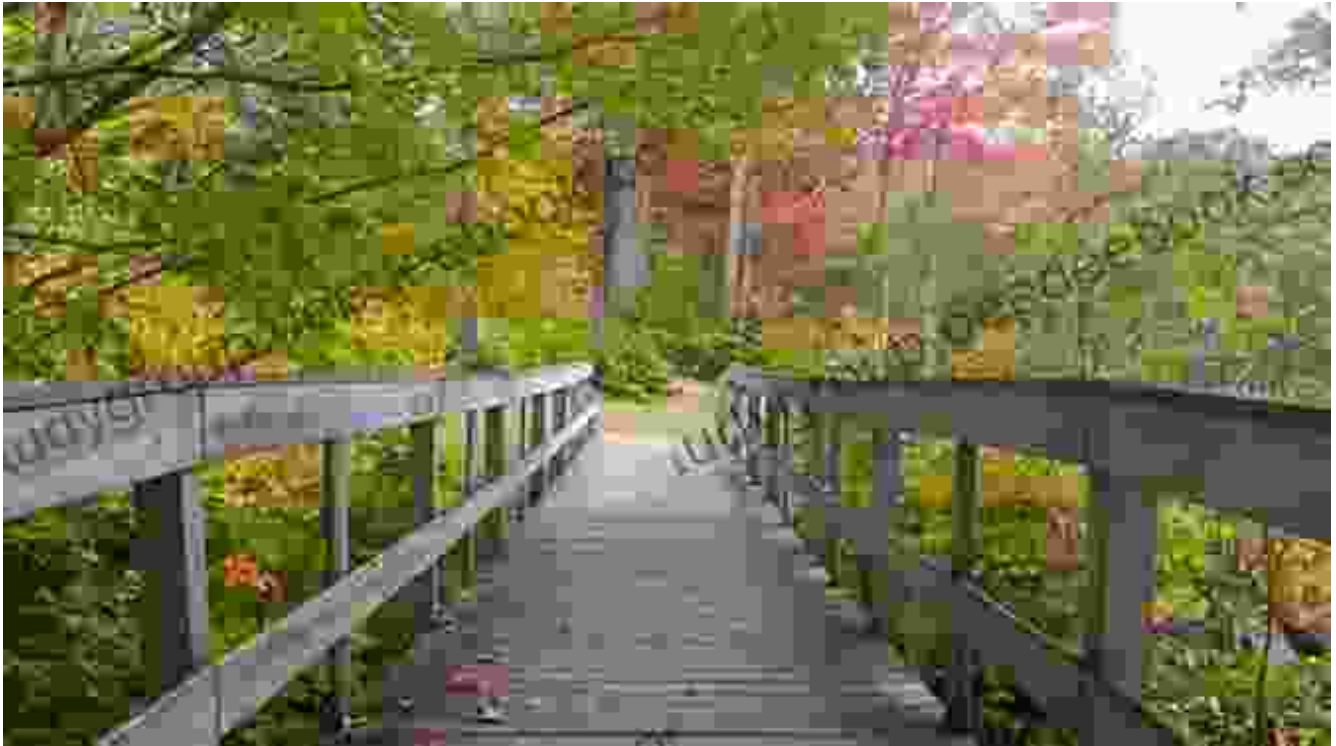
Embrace a family-friendly adventure on the Peru Peak Trail, a gentle 2.6-mile loop trail that leads to a rewarding mountaintop vista. The well-maintained trail winds through a picturesque forest, suitable for hikers of all ages and abilities. As you reach the summit of Peru Peak, the panoramic views of the Green Mountains and the surrounding countryside will create lasting memories for your family.

8. Hapgood Pond Trail: A Pet-Friendly Escape to a Serene Lake



Bring your furry companion along on the Hapgood Pond Trail, a 2.8-mile loop trail that encircles a secluded mountain lake. This pet-friendly trail offers a serene escape into nature, where you can hike alongside your canine friend. The trail's moderate difficulty level makes it accessible to hikers of all abilities, providing a perfect opportunity to bond with your furry companion while immersing yourselves in the beauty of Southern Vermont's wilderness.

9. Woodford State Park Trails: A Network of Trails for Every Adventure



Explore a network of interconnected trails within the pristine Woodford State Park. With over 25 miles of trails ranging from easy to challenging, there's an adventure waiting for every hiker. Discover the scenic Lye Brook Falls Trail, the challenging Ascutney Trail, or the serene Marsh Trail. Immerse yourself in nature's tranquility as you traverse lush forests, cross charming wooden bridges, and encounter abundant wildlife. Woodford State Park offers an unforgettable hiking experience for all.

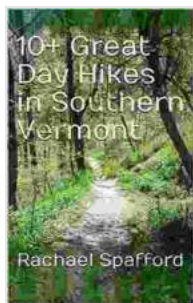
10. Ball Mountain Trail: A Technical Ascent to a Remote Mountaintop



For seasoned hikers seeking a technical challenge, the Ball Mountain Trail beckons. This strenuous 4.8-mile out-and-back trail ascends through rugged terrain, testing your endurance and technical skills. Navigate rocky sections, scramble over boulders, and conquer steep inclines as you make your way to the summit of Ball Mountain. The panoramic views from the top will reward you for your efforts, offering a breathtaking panorama that encompasses the Green Mountains, the Taconic Mountains, and the distant peaks of New Hampshire.

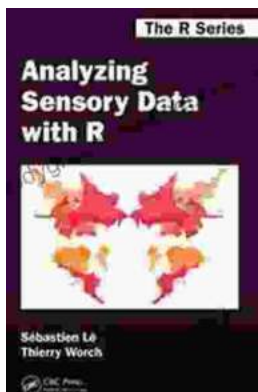
As you embark on these captivating day hikes in Southern Vermont, remember to practice responsible hiking etiquette. Stay on designated trails, respect wildlife, and pack out everything you pack in. Embrace the

beauty and tranquility of this pristine wilderness, and create memories that will last a lifetime.



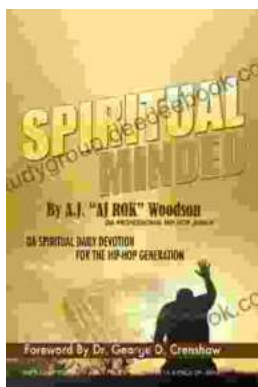
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