

# 99 Snowflakes Volume Lolly Brown: A Comprehensive Overview

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**99 Snowflakes Volume Lolly Brown** is a compilation of essays written by people affected by Amyotrophic Lateral Sclerosis (ALS), including patients, family members, caregivers, and health care professionals. The book is named after Lolly Brown, an ALS patient who became known for her eloquent blog about her experiences with the disease.



## 99 Snowflakes, Volume 2 by Lolly Brown

★★★★☆ 4.6 out of 5

Language : English  
File size : 25633 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 66 pages  
Lending : Enabled



## What is ALS?

ALS is a progressive neurological disease that affects the motor neurons, which are responsible for sending messages from the brain and spinal cord to the muscles. As the motor neurons deteriorate, patients experience muscle weakness, atrophy, and eventually paralysis. ALS is a fatal disease, and there is currently no cure.

## **The Impact of ALS**

ALS has a devastating impact on patients and their families. The disease not only causes physical suffering, but it also can lead to emotional, social, and financial challenges. Patients may lose their ability to work, drive, and participate in activities they once enjoyed. They may also experience depression, anxiety, and isolation.

The family members of ALS patients also face significant challenges. They must provide physical and emotional support to their loved ones, while also coping with the stress and grief of watching them decline. Caregivers may have to quit their jobs or reduce their hours to care for their loved ones, which can lead to financial hardship.

## **99 Snowflakes Volume Lolly Brown**

**99 Snowflakes Volume Lolly Brown** provides a unique and personal perspective on the challenges of living with ALS. The essays in the book cover a wide range of topics, including:

- The physical and emotional challenges of living with ALS
- The impact of ALS on relationships
- The role of caregivers
- Advanced care planning
- End-of-life care
- The importance of patient advocacy

The essays in **99 Snowflakes Volume Lolly Brown** are honest, raw, and inspiring. They offer a valuable resource for anyone who is affected by ALS,

as well as for health care professionals and researchers.

## **Lolly Brown**

Lolly Brown was diagnosed with ALS in 2008 at the age of 46. She was a mother of two young children and a successful businesswoman. After her diagnosis, Lolly started a blog called "99 Snowflakes" where she chronicled her experiences with ALS. Lolly's blog quickly became a popular resource for other ALS patients and their families. Her writing was honest, eloquent, and inspiring.

Lolly passed away in 2013, but her legacy lives on through her blog and **99 Snowflakes Volume Lolly Brown**. She was a tireless advocate for ALS patients and their families, and she helped to raise awareness of the disease.

## **The Importance of Patient Advocacy**

Patient advocacy is essential for improving the lives of people with ALS and other rare diseases. Patient advocates work to raise awareness of these diseases, promote research, and advocate for policies that support patients and their families.

**99 Snowflakes Volume Lolly Brown** is a valuable resource for patient advocates. The essays in the book provide a firsthand account of the challenges of living with ALS. They can help to educate policymakers and the public about the disease and its impact.

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resource for anyone who is affected by ALS, as well as for health care professionals and researchers.

Lolly Brown was a tireless advocate for ALS patients and their families. Her legacy lives on through her blog and **99 Snowflakes Volume Lolly Brown**. She helped to raise awareness of ALS and advocate for policies that support patients and their families.

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