

# The Single Guide to the Science of Attracting Love

Are you single and looking for love? Science has a few things to say about how to attract it. Here's a guide to help you find your perfect match.



## The Single D.I.V.A.'s Guide to the Science of Attracting Love by Shay Levister

★★★★☆ 4.1 out of 5

Language	: English
File size	: 1459 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 179 pages
Lending	: Enabled
Screen Reader	: Supported



### 1. Be yourself

The most important thing you can do is be yourself. When you're trying to attract someone, it's tempting to put on a facade and try to be someone you're not. But this is a mistake. People can tell when you're being fake, and it will turn them off.

Instead, focus on being genuine and authentic. Let your personality shine through. The right person will be attracted to the real you, not the person you're pretending to be.

## **2. Be positive**

People are drawn to positive people. When you're positive, you're more likely to attract people who are also positive and upbeat. This doesn't mean you have to be happy all the time, but it does mean that you should try to focus on the good things in life.

When you're feeling down, try to find something to be grateful for. This will help you to shift your focus from the negative to the positive, and it will make you more attractive to others.

## **3. Be confident**

Confidence is another important factor in attracting love. When you're confident, you're more likely to approach people and start conversations. You're also more likely to be assertive and go after what you want.

If you're not feeling confident, there are a few things you can do to boost your self-esteem. Try setting small goals for yourself and achieving them. This will help you to build a sense of accomplishment and make you feel more capable.

## **4. Be open to meeting new people**

If you want to find love, you need to be open to meeting new people. This means getting out of your comfort zone and trying new things. Join a club or group, take a class, or volunteer for a cause you care about. The more people you meet, the more likely you are to find someone you connect with.

## **5. Don't give up**

Finding love takes time and effort. Don't get discouraged if you don't find your perfect match right away. Just keep putting yourself out there and being open to new experiences. The right person will come along eventually.

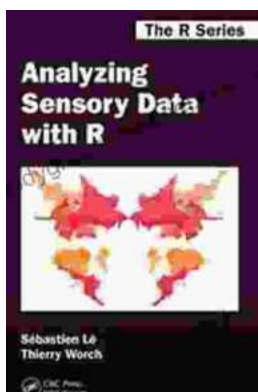
Attracting love is not always easy, but it is possible. By following these tips, you can increase your chances of finding the love of your life.



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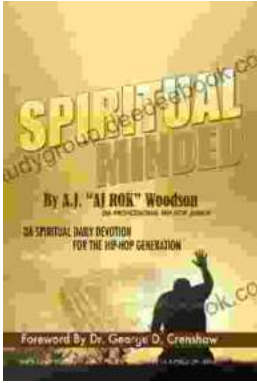
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