# The Ultimate Guide to Drawing Realistic Humans Step by Step

Drawing realistic humans is a challenging but rewarding endeavor. With patience and practice, you can learn to capture the beauty and complexity of the human form.



Book For Drawing Realistic Humans Step By Step: draw humans Realistic Hands, Feet, Eyes, Mouths for

Beginners by Teo Delgado

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This guide will teach you everything you need to know about drawing realistic humans, from basic proportions to advanced shading techniques.

### **Step 1: Understanding Human Anatomy**

Before you start drawing, it's important to understand the basic anatomy of the human body. This will help you to create drawings that are both accurate and believable.

Here are some key anatomical landmarks to keep in mind:

- The head is approximately one-eighth of the body's height.
- The shoulders are about twice as wide as the head.
- The waist is about one-half the body's height.
- The legs are about three times as long as the head.

You can also use a reference photo or model to help you understand the proportions and anatomy of the human body.

#### **Step 2: Sketching the Basic Shape**

Once you understand the basic anatomy of the human body, you can start sketching the basic shape of your drawing.

Begin by drawing a circle for the head. Then, draw a line down from the center of the circle for the spine. Add two lines for the shoulders and two lines for the hips.

Next, sketch in the basic shapes of the arms and legs. The arms should be about as long as the body, and the legs should be about twice as long as the body.

#### **Step 3: Refining the Proportions**

Once you have the basic shape of your drawing sketched in, you can start to refine the proportions.

Use a ruler or measuring tape to make sure that the head, shoulders, waist, and legs are all in the correct proportions.

You can also use a mirror to check the proportions of your drawing. Stand in front of a mirror and pose in the same way as your drawing. This will help you to see if the proportions of your drawing are accurate.

#### **Step 4: Adding Details**

Once you are satisfied with the proportions of your drawing, you can start to add details.

Start by drawing in the facial features. The eyes should be about one-third of the way down the face, and the nose should be about one-third of the way between the eyes and the mouth.

Next, draw in the hair. The hair should be flowing and natural-looking. Avoid drawing stiff or unnatural-looking hair.

Finally, add in the clothing and accessories. The clothing should be loose and flowing, and the accessories should be simple and understated.

#### **Step 5: Shading and Highlights**

Once you have added all of the details to your drawing, you can start to add shading and highlights.

Shading and highlights will help to create depth and realism in your drawing.

To add shading, use a soft pencil or charcoal. Start by shading in the darkest areas of your drawing, such as the eyes, nose, and mouth.

Then, gradually blend the shading out towards the lighter areas of your drawing.

To add highlights, use a white pencil or eraser. Start by adding highlights to the lightest areas of your drawing, such as the forehead, cheeks, and chin.

Then, gradually blend the highlights out towards the darker areas of your drawing.

#### **Step 6: Final Touches**

Once you are satisfied with the shading and highlights, you can add the final touches to your drawing.

This may include adding in any additional details, such as jewelry, tattoos, or scars.

You can also add a background to your drawing. The background should be simple and understated, so that it does not distract from the main figure.

Drawing realistic humans is a challenging but rewarding endeavor. With patience and practice, you can learn to capture the beauty and complexity of the human form.

By following the steps outlined in this guide, you can create realistic human drawings that are both accurate and believable.

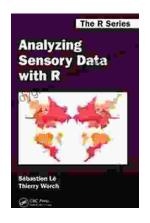
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